

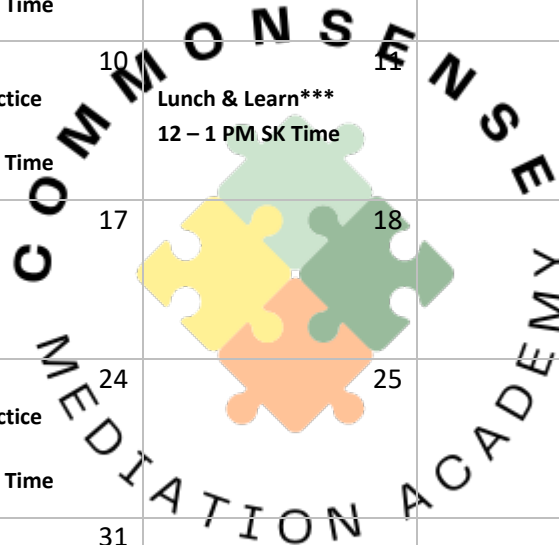


# January

2023

Book of the Month:  
High Performance Habits, Brendon Bruchards

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Saskatoon Mediation Practice Group* 6 – 7 PM SK Time	4	5	6	7
8	9	10 Q. Med Practice Group** 6 – 8 PM SK Time	11 Lunch & Learn*** 12 – 1 PM SK Time	12	13	14
15	16	17	18	19	20	21
22	23	24 Q. Med Practice Group** 6 – 8 PM SK Time	25	26	27	28
29	30	31				



\*FREE – No registration required

\*\*\$50/Month – Registration Required

\*\*\*Offered to students enrolled in courses with our Academy – Registration Required

*Virtual Courses are Highlighted in **Orange***

*In-Person Courses are Highlighted in **Yellow***

# February

Book of the Month:  
Your Money or Your Life, Vicki Robin

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7 Saskatoon Mediation Practice Group* 6 – 7 PM SK Time	8 Lunch & Learn*** 12 – 1 PM SK Time	9	10	11
12	13	14 Q. Med Practice Group** 6 – 8 PM SK Time	15	16	17	18
19	20	21	22	23	24	25
26	27	28 Q. Med Practice Group** 6 – 8 PM SK Time				

\*FREE – No registration required

\*\*\$50/Month – Registration Required

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# March

Book of the Month:  
*Nonviolent Communication A Language of Life,*  
 Marshall B. Rosenberg

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7 Saskatoon Mediation Practice Group* 6 – 7 PM SK Time	8 <i>Virtual Family Mediation Training – Part I</i>	9	10	11
12	13	14 Q. Med Practice Group** 6 – 8 PM SK Time	15 <i>Virtual Family Mediation Training – Part II</i>	16	17	18
19	20	21	22	23	24 <i>CPD Refresher Course</i>	25
26	27	28 Q. Med Practice Group** 6 – 8 PM SK Time	29	30	31	

\*FREE – No registration required

\*\*\$50/Month – Registration Required

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# April

2023

Book of the Month:

Nonviolent Communication *A Language of Life Companion Workbook*, Lucy Leu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	Saskatoon Mediation Practice Group* 6 – 7 PM SK Time	Lunch & Learn*** 12 – 1 PM SK Time	6	7	8
9	10	Q. Med Practice Group** 6 – 8 PM SK Time	12	13	14	15
16	17	18	19	20	21	22
23	24	Q. Med Practice Group** 6 – 8 PM SK Time	26	27	28	29
30				<i>Property Intensive Course</i>		

\*FREE – No registration required

\*\*\$50/Month – Registration Required

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# May

2023

Book of the Month:  
The Richest Man in Babylon, George S. Clason

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Saskatoon Mediation Practice Group* 6 – 7 PM SK Time	3	4	5	6
7	8 Q. Med Practice Group** 6 – 8 PM SK Time	9	10 Lunch & Learn*** 12 – 1 PM SK Time	11 <i>Parenting Intensive Course</i>	12	13
14	15	16	17	18	19	20
21	22 Q. Med Practice Group** 6 – 8 PM SK Time	23	24	25 <i>Financial Support Intensive Course</i>	26	27
28	29	30	31			

\*FREE – No registration required

\*\*\$50/Month – Registration Required

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# June

2023

Book of the Month:  
The Mindful Self-Compassion Workbook, Kristin Neff

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6 Saskatoon Mediation Practice Group* 6 – 7 PM SK Time	7	8	9	10
11	12 Q. Med Practice Group** 6 – 8 PM SK Time	13	14 Lunch & Learn*** 12 – 1 PM SK Time	15	16	17
18	19	20	21	22	23	24
25	26	27 Q. Med Practice Group** 6 – 8 PM SK Time	28	29	30	

\*FREE – No registration required

\*\*\$50/Month – Registration Required

\*\*\*Offered to students enrolled in courses with our Academy – Registration Required

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# July

2023

Book of the Month:  
Collaborative Divorce, Pauline H. Tesler

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
		Saskatoon Mediation Practice Group* 6 – 7 PM SK Time				
9	10	11	12	13	14	15
		Q. Med Practice Group** 6 – 8 PM SK Time	Lunch & Learn*** 12 – 1 PM SK Time			
16	17	18	19	20	21	22
23	24	25	26	27	28	29
		Q. Med Practice Group** 6 – 8 PM SK Time				
30	31					

\*FREE – No registration required

\*\*\$50/Month – Registration Required

\*\*\*Offered to students enrolled in courses with our Academy – Registration Required

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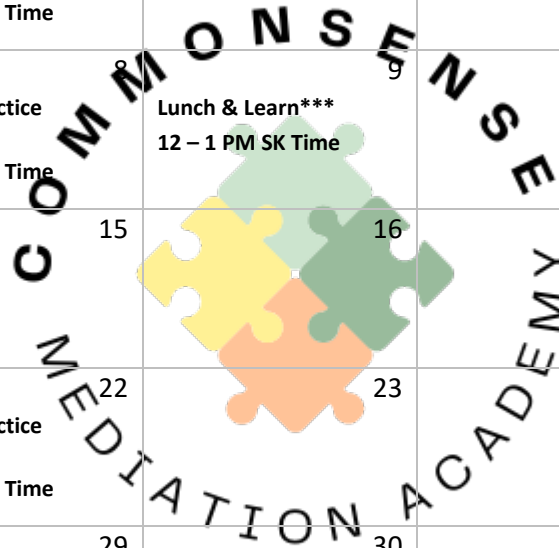


# August

2023

Book of the Month:  
The Wealthy Barber Returns, David Chilton

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Saskatoon Mediation Practice Group* 6 – 7 PM SK Time	2	3	4	5
6	7	8 Q. Med Practice Group** 6 – 8 PM SK Time	9 Lunch & Learn*** 12 – 1 PM SK Time	10	11	12
13	14	15	16	17	18	19
20	21	22 Q. Med Practice Group** 6 – 8 PM SK Time	23	24	25	26
27	28	29	30	31		



\*FREE – No registration required

\*\*\$50/Month – Registration Required

\*\*\*Offered to students enrolled in courses with our Academy – Registration Required

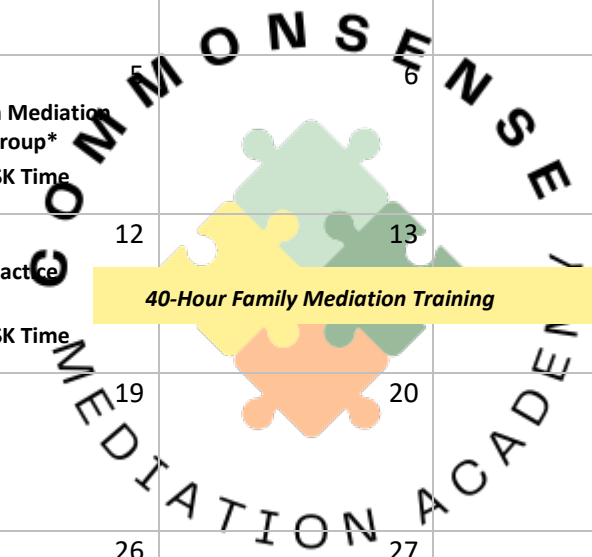
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*In-Person Courses are Highlighted in Yellow*

# September

2023

Book of the Month:  
How to Win Friends & Influence People, David Carnegie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	Saskatoon Mediation Practice Group* 6 – 7 PM SK Time	6	7	8	9
10	11	Q. Med Practice Group** 6 – 8 PM SK Time	12	13	14	15
17	18	19	20	21	22	23
24	25	Q. Med Practice Group** 6 – 8 PM SK Time	26	27	28	29
						30



\*FREE – No registration required

\*\*\$50/Month – Registration Required

\*\*\*Offered to students enrolled in courses with our Academy – Registration Required

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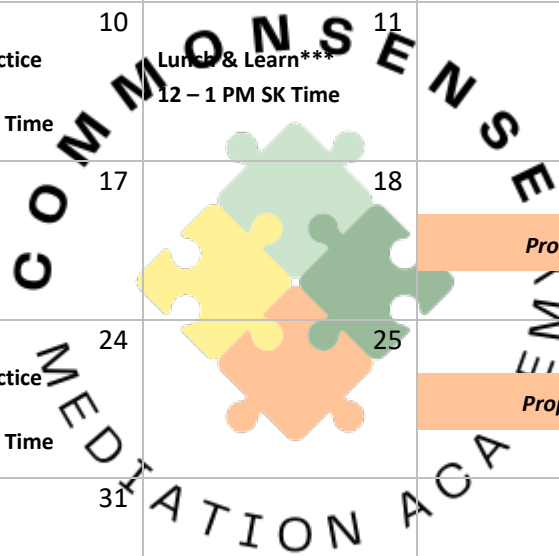
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# October

Book of the Month:  
Collaborating with the Enemy, Adam Kahane

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Saskatoon Mediation Practice Group* 6 – 7 PM SK Time	4	5	6 <i>CPD Refresher Course</i>	7
8	9	10 Q. Med Practice Group** 6 – 8 PM SK Time	11 Lunch & Learn*** 12 – 1 PM SK Time	12	13	14
15	16	17	18	19	20 <i>Property Intensive Course – Part I</i>	21
22	23 Q. Med Practice Group** 6 – 8 PM SK Time	24	25	26	27 <i>Property Intensive Course – Part II</i>	28
29	30	31				



\*FREE – No registration required

\*\*\$50/Month – Registration Required

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# November

Book of the Month:  
Limitless, Jim Kwik

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
				Parenting Intensive Course – Part I		
5	6	7 Saskatoon Mediation Practice Group* 6 – 7 PM SK Time	8	9	10	11
				Parenting Intensive Course – Part II		
12	13	14 Q. Med Practice Group** 6 – 8 PM SK Time	15 Lunch & Learn*** 12 – 1 PM SK Time	16	17	18
				Financial Support Intensive Course – Part I		
19	20	21	22	23	24	25
				Financial Support Intensive Course – Part II		
26	27 Q. Med Practice Group** 6 – 8 PM SK Time	28	29	30		

\*FREE – No registration required

\*\*\$50/Month – Registration Required

\*\*\*Offered to students enrolled in courses with our Academy – Registration Required

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# December

Book of the Month:  
Your Best Year Ever, Michael Hyatt

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Saskatoon Mediation Practice Group* 6 – 7 PM SK Time		7	8	9
10	11	12 Q. Med Practice Group** 6 – 8 PM SK Time	13 Lunch & Learn*** 12 – 1 PM SK Time	14	15	16
17	18	19 Q. Med Practice Group** 6 – 8 PM SK Time	20	21	22	23
24	25	26	27	28	29	30
31						

\*FREE – No registration required

\*\*\$50/Month – Registration Required

\*\*\*Offered to students enrolled in courses with our Academy – Registration Required

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